

## WHAT OTHER MOM'S HAVE TO SAY

*“I enjoyed talking with my nurse. She made me feel confident as a parent.”*

*“It was nice having someone to talk to.”*

*“Being able to ask questions and having my feelings validated.”*



Kandiyohi County Health & Human Services  
2200 23rd Street Northeast, Suite 1020  
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Kandiyohi County  
Health & Human Services

# FAMILY HOME VISITING



*Building Stronger  
Families*

## FAMILY HOME VISITING

As a resident of Kandiyohi County, you are eligible for in-home nurse visits at no cost to you.

Parenting is one of the most important jobs you will have. Family Home Visiting can help prepare you for the challenges and provide ongoing support.

**Fathers and other family members are welcome to participate.**



## WHAT HAPPENS DURING A VISIT?

**A Registered Nurse will visit you in the comfort of your own home, & support you with:**

- Keeping your family healthy
- Understanding your growing child
- Growing your parenting skills
- Help your child learn, grow & develop by making toys and doing fun activities
- Learning about other community resources

**Build a stronger family by strengthening your parenting skills.**



## HOW TO SCHEDULE A VISIT

**CONTACT US to learn more and get connected with your personal nurse**

**CALL:**

**320-231-7800, PRESS 3**



**Public Health**  
Prevent. Promote. Protect.